

The First Reading: Isaiah 35:4-7a

Say to those with fearful hearts,
“Be strong, do not fear;
your God will come,
he will come with vengeance;
with divine retribution
he will come to save you.”

⁵ Then will the eyes of the blind be opened
and the ears of the deaf unstopped.

⁶ Then will the lame leap like a deer,
and the mute tongue shout for joy.

Water will gush forth in the wilderness
and streams in the desert.

⁷ The burning sand will become a pool,
the thirsty ground bubbling springs.

The Second Reading: James 1:17-27

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows. ¹⁸ He chose to give us birth through the word of truth, that we might be a kind of firstfruits of all he created.

¹⁹ My dear brothers, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, ²⁰ for man’s anger does not bring about the righteous life that God desires. ²¹ Therefore, get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you.

²² Do not merely listen to the word, and so deceive yourselves. Do what it says. ²³ Anyone who listens to the word but does not do what it says is like a man who looks at his face in a mirror ²⁴ and, after looking at himself, goes away and immediately forgets what he looks like. ²⁵ But the man who looks intently into the perfect law that gives freedom, and continues to do this, not forgetting what he has heard, but doing it—he will be blessed in what he does.

²⁶ If anyone considers himself religious and yet does not keep a tight rein on his tongue, he deceives himself and his religion is worthless. ²⁷ Religion that God our Father accepts as pure and faultless is this: to look after orphans and widows in their distress and to keep oneself from being polluted by the world.

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The Gospel Reading: Mark 7:31-37

Then Jesus left the vicinity of Tyre and went through Sidon, down to the Sea of Galilee and into the region of the Decapolis. ³² There some people brought to him a man who was deaf and could hardly talk, and they begged him to place his hand on the man.

³³ After he took him aside, away from the crowd, Jesus put his fingers into the man's ears. Then he spit and touched the man's tongue. ³⁴ He looked up to heaven and with a deep sigh said to him, "*Ephphatha!*" (which means, "Be opened!"). ³⁵ At this, the man's ears were opened, his tongue was loosened and he began to speak plainly.

³⁶ Jesus commanded them not to tell anyone. But the more he did so, the more they kept talking about it. ³⁷ People were overwhelmed with amazement. "He has done everything well," they said. "He even makes the deaf hear and the mute speak."

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